SPEED PLAY







\$25 DROP-IN RATE

Those ClassPass too-good-to-be-true days are over!

JOIN THE NEW SQUAD!

\$60 per month 3 sessions per month 3-month contract \$25 drop-in rates #keepitcasual

TELL ME MORE

Need more monthly calories burned? Click for #bae options ::

PACKAGES - AS LOW AS \$22 / CLASS

MEMBERSHIPS - AS LOW AS \$20 / CLASS

HÁS IT BEEN A MINUTE?

We've changed a lot with our program design in the past couple months to make it **safer**, more **adaptable for all levels**, and more **fun**! Or try a new class type!

ROLL + STRETCH - recovery class

TONE - less intense class with focus on resistance training

GLOW EDM - our regular class... but in the dark with glow sticks and EDM playlists!