



DROP THAT BASE

FREE baseline trial appointments are available starting 2/15

*ClassPass not eligible

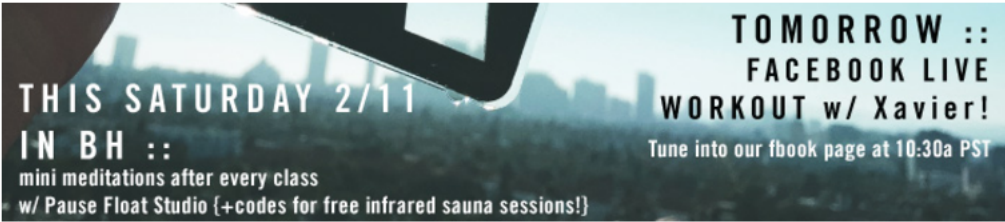
[LEARN MORE about Speedplay::Baseline](#)



CLASSPASS ONLY

We honor new client pricing if you're dropping ClassPass!

[BUY NOW](#)



THIS SATURDAY 2/11

IN BH ::

mini meditations after every class
w/ Pause Float Studio [+codes for free infrared sauna sessions!]

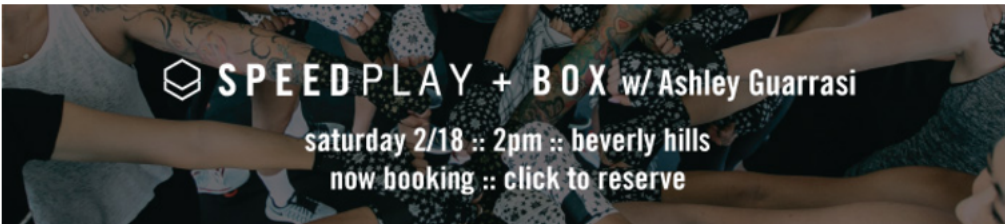
TOMORROW ::

FACEBOOK LIVE

WORKOUT w/ Xavier!

Tune into our fbook page at 10:30a PST

[What's up with an infrared sauna?](#)



SPEEDPLAY + BOX w/ Ashley Guarrasi

saturday 2/18 :: 2pm :: beverly hills
now booking :: click to reserve

[SCHEDULE](#)